

Annual Report 2023/24



+ Where small additions multiply



+ Sharing with each other



+ Annual Ball



+ Meaningful activity



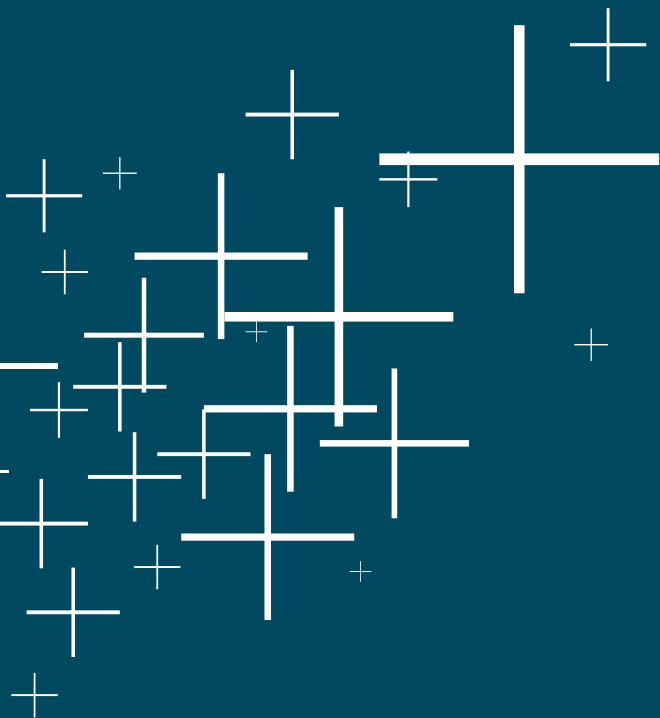
Annual Report **2023/24**

FOR THE YEAR ENDING 30 JUNE 2024



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+ Elizabeth Knox was a giant

This lady left big footprints.

Originally from County Tyrone, Ireland, Charles and Elizabeth Knox were typical of the hard-working individuals who risked everything to emigrate to New Zealand in the 1840s. They were tough people who embraced untold challenges and found success farming in the Tamaki River area.

They were a couple with foresight and dreams. They never had children but were known for charitably supporting their community. Charles died in 1861 at the age of 62.

Elizabeth Knox died 115 years ago at the age of 99. During the nearly-half century after her husband's death she continued to help others knowing there was still more she could do with the wealth she and her husband had accumulated.

Her generosity of heart and vision to leave a bequest to build and endow a hospital and 'home for the incurables' was an altruistic act with enduring benefits over more than a century.

That Knox community of care continues to make its mark today. Since 1911 when the Knox Home Trust Board was formed, the not-for-profit Elizabeth Knox Home and Hospital has been caring for elders and disabled individuals.

We proudly continue the valuable work that Elizabeth Knox started.

Dr Jock Carnachan has been part of, or leading, our medical team since 1987.

GPs from the nearby Greenwood Medical Centre, including Jock, have been the Knox visiting doctors since then.

Jock's professional life has been one of outstanding service which continues to this day.

Born in Waihi, Jock's family moved to Auckland when he was 10 years old so that he could attend Auckland Boys Grammar. Coincidentally, Jock lived across the road from current Knox Trust Board Chairman, Alastair MacCormick and their families became firm friends.

Jock undertook his medical degree at Otago University.

A life-changing experience came in

November 1969 when Jock was called to serve in the First New Zealand Services Medical Team in Vietnam through to March 1970.

Safely back at home, Jock became a House Surgeon at Auckland Hospital and later entered General Practice. In 2014 he retired from the Practice but has continued his relationship with Knox as director of the Medical Team of six who serve the residents of Knox Home.

Today, after four decades of service to Knox Home, Jock is still enthusiastic and says he thoroughly enjoys working with Knox team members including special mention of Margaret Brown and Jill Woodward.

"Wonderful people come through a place like this over the years but I do think the real turning point in Knox Home's recent history is the adoption of the Eden Alternative," said Jock. "It has made a huge difference to the lives of everyone here."

+ Genuine human caring



+ Making Eden Alternative the big idea

One visionary decision continues to transform lives over and over again.

Back in 2009 we adopted the international philosophy of care focusing on de-institutionalisation and authentic care; The Eden Alternative. This provided us a different DNA to other care homes.

You'll find many small differences at Knox that make a big difference to the lives of our residents. Companion animals, children and plants are part of their daily lives. Primarily though at Knox, people, not property, matter the most.

The Ten Principles of the Eden Alternative guide us to focus on opportunities to make resident's lives purposeful and satisfying.

We recognise relationships have a powerful influence on human health. The strong social support found in relationships are key to happiness and healthy ageing. Most Knox residents maintain or improve health and outlook. They are less lonely, more active and enjoy higher levels of wellbeing.

Together we make the most of daily opportunities for a good life with the best care our committed team can give.



+ Exercise is health

THE
eden
ALTERNATIVE®

Highlights

+ Sustainable operation

96%
Occupancy

+ Knox own cookbook



+ Co-Create Ageing Forum

Residents and team participated in The University of Auckland's inaugural Centre for Co-created Ageing Research Forum.

CCREATE-AGE has been established to improve health, wellbeing and human flourishing of the older population in New Zealand.



+ Volunteer growth



Creating an innovative delivery of our Lifestyle and Leisure programme.

+ Contributing expertise

140 CAP graduates

The Knox Education Centre delivered the Nursing Council of New Zealand Competency Assessment Programme (CAP) for Registered and Enrolled nurses requiring New Zealand registration.

Just 3.1 % Staff Turnover

Average between July 2023 – June 2024



+ Brand new Totara Home



Dr Alastair MacCormick

Chairman's Report



This year has seen yet another proud milestone met for Knox Home.

Totara Home is open

After several years of planning and a year or so of demolition and construction beginning late 2022, the new Totara Home was completed in June 2024 and will be officially opened by The Right Honourable Shane Reti, Minister of Health in July.

Arguably one of the largest and most complex development projects by the Knox Home Trust Board over

the past 16 years, Totara Home provides 64 beds on two levels within four separate households – Akeake Home, Mahoe Home, Koromiko Home and Horopito Home; bringing total Knox Home beds to 280.

The design of this latest home has drawn on all of our experience of home developments with a very focused eye on providing the best living environment expressing the Eden Alternative philosophy of care. This led Knox to challenging all of the generally accepted

norms for the design of Aged Care environments.

This effort has produced perhaps some of the best home living spaces available for sub-acute hospital residents anywhere in New Zealand.

The Knox Home Trust Board is deeply satisfied that we have been able to make this significant expansion at a time when the crisis within the Aged Care sector continues with the closure of hundreds of beds nationwide.

The Totara Home project has been a gargantuan task managed superbly by the CEO Jill Woodward and her team while navigating an extremely challenging post-COVID-19 period.

It should not also be forgotten that the operational activities of providing a home for the existing 215 or so residents have continued as usual through this disruptive period.

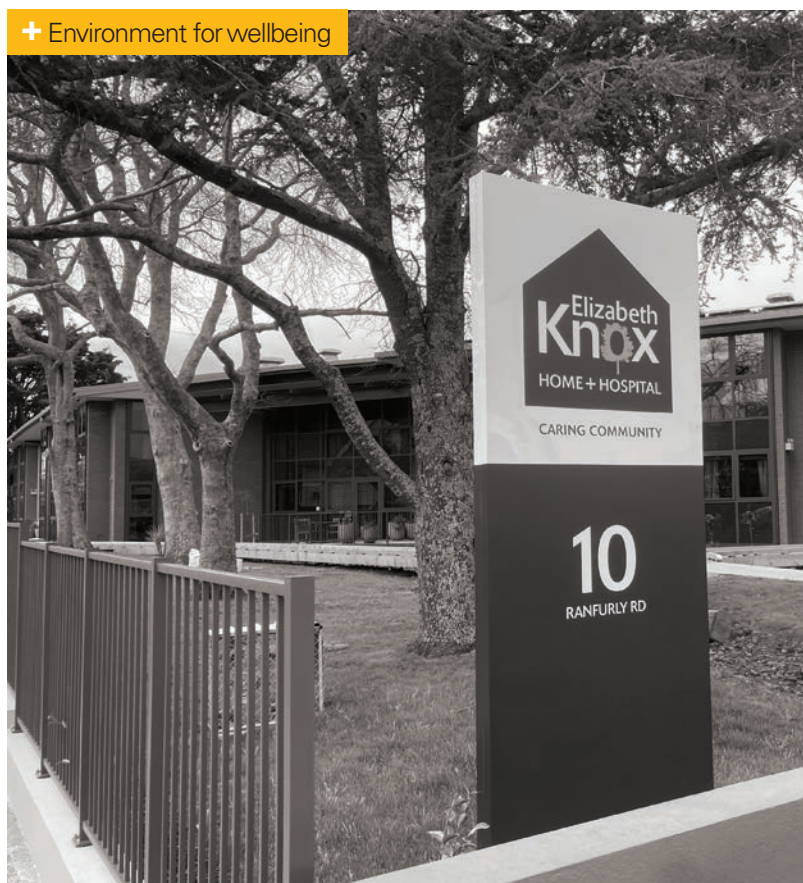
In fact, despite the disturbances across the Knox Home site, occupancy has remained high at 96% and team satisfaction reflected in low staff turnover demonstrates a gratifying year's result for which the entire Knox team are congratulated.

We look forward to Totara Home coming to life with a full complement of residents over the coming months.

Residents are always our business

Despite the fact that Knox has been implementing the principles of the Eden Alternative since 2009, it is important to acknowledge that the Knox team in partnership with

+ Environment for wellbeing





residents continue to reassess and improve their efforts to demonstrate the Eden Alternative. It has never been a 'set and forget' approach.

There are many examples but the Lifestyle and Leisure team including Volunteer recruitment have been particularly active in pushing the boundaries of community involvement.

These initiatives really do make the Knox approach to the continual growth of residents quite special.

Educating with a Knox twist

140 nurses graduated from the Competency Assessment Programmes (CAP) run at the Knox Education Centre in five intakes through the year. While it is a Nursing Council programme, I'm sure the additional flavour of the Knox Home environment will have added to the graduates experience most positively.

Continued commercial acumen

Operational costs continue to be a strain against the sector under-funding which continues.

CEO Jill, Commercial Manager, Dianne Lee and her team merit continued credit for maintaining Knox's standards of care under these difficult conditions.

The Trust's financial statements, published on the New Zealand Charity Services register record yet another excellent year for Knox. www.charities.govt.nz (Reg. No. CC20460)

Board of Trustee changes

During the year we farewelled Dr Bruce Foggo from the Board, after 16 years of valuable service of governance at Knox. Bruce's significant experience in general practice and palliative care has over many years added substantially to the current Knox way.

The Board welcomed new trustee, Dr Ngaire Kerse. Ngaire is a distinguished gerontologist and researcher, holding the Joyce Cook Chair of General Practice at the University of Auckland. Ngaire also works in general practice at the Auckland City Mission. Ngaire's background means she is able to make a huge contribution to the Aged Care sector, bringing a wealth of additional knowledge and experience to the Board.

Inspiring effort brings great rewards

The past year has required extended concentration on seeing

the Totara development project to completion, all while maintaining regular operations of a home for 215 residents and nearly 300 team members. None of this happens within a vacuum.

The Board records its thanks to the entire Knox team who have once again excelled themselves with their additional efforts.

Chief Executive Jill Woodward has worked extremely hard under often demanding circumstances completing the year with what we know must be a huge sense of achievement.

We thank Jill for her commitment and motivational leadership of Knox.



+ Inspirational giving

Knox resident Rose Lightfoot has devoted her life to helping others,

a commitment that began during her early years. After battling an illness and experiencing life as a patient, she was determined to pursue a career in healthcare.

When Rose left school, she began her full-time nursing studies. Rose nursed at Greenlane Hospital and graduated in 1971.

Continuing her studies, Rose chased the opportunity to make even greater impact. Rose holds a BA Social Science from Massey University, a Certificate in Teaching Practice from AIT, and a Master's in Public Health (Hons) from The University of Auckland.

Rose went on to learn Te Reo Māori, fiercely pushing for change for Māori.

Rose is a proud mother of five children, two of which are whāngai.

After spending a few years living in England, Rose returned home to teach nursing at Te Wānanga o Tai Tokerau, Whangarei for 12 years. Rose joined the Goodfellow Unit in 1995 to work on the Tobacco, Alcohol and Other Drugs project to support the skill base of General Practitioners.

By 2003, Rose was the Chief Executive of Te Tai Tokerau PHO, and in 2006, was appointed the Rural PHO representative on the inaugural Goodfellow Advisory Board. After 13 years of service, Rose retired from her role as CEO.

Rose continues to drive change and support the community while living at Knox Home, completing her training as an Eden Associate. Rose brings a fresh perspective and wisdom from her experiences. Her warmth, kindness and willingness to speak up are inspiring.

Jill Woodward

CEO's Report



The 2023-24 financial year reflected another busy year at Knox, with the theme of this report a confirmation that small changes can make a huge destination difference.

This year has included the Totara Home construction project, five Competency Assessment Programmes (CAP), and many new opportunities for residents to engage in meaningful activity.

Aged Care sector challenges remain

High occupancy has continued

with the average for the year at 96% compared to a national sector average of 86.7%.

While this is a positive indicator for Knox, costs have continued to climb and sector under-funding remains a considerable pressure.

The issues surrounding funding of the Aged Residential Care sector have continued to be of high profile for the year and Knox has been in the media in support of the advocacy of the New Zealand Aged Care Association (NZACA).

Furthermore, the disparity in funding of Younger People's care has still not been addressed.

NZACA Award Winners for Puka Home

Knox was a finalist, then winner of the NZACA Excellence in Care Awards 2023 with the Spaceworks Environment Award.

This was a national recognition of the Puka Home project where, over the two years since opening, the care outcomes over a range of quality indicators have so markedly improved.

Positive survey highlights focus on welcoming new residents

Knox Home undertakes a range of surveys on a continuing basis to benchmark and provide data for action.

The First Impressions Survey (July 2023 – September 2023) had a 49% response rate with 100% of respondents reported that "friendly and helpful staff" were what helped most in settling their family member in the first few days at Knox.

This reflects positively the impact of the refocus on our 'Promise to New Residents'. The transition to aged care is a massive change for residents and families and we will continue to seek feedback from family and residents on how well we support this move.

We continue to survey resident, families and team across a wide range of areas including Meals and Team Training Needs for example.



Annual Ball returned

For the first time in a few years we were able to reinstate the annual Resident Ball. This was held in November and, as usual, was a great opportunity to join with residents, family and team celebrating the joy of being together.

Eden Alternative remains at the heart of our values

The Knox commitment to the Principles of the Eden Alternative combined with a focus on continuous quality improvement means Knox remains a high performer in regard to our commitment to the Eden Alternative.

The Knox team's engagement with the wider community has opened opportunities for residents to further engage in volunteering and expanded the Knox Volunteer team.

Lifestyle & Leisure revitalised

The Lifestyle and Leisure team has refocused its energies on a more progressive and innovative delivery of its programme.

Residents told us they wanted something more than diversion and entertainment. They wanted to be seen and heard as citizens of this city; recognised for their ability - rather than any disability.

So, we challenged the conventions of providing activities for a community of mostly-Hospital Level residents.

We also challenged our own biases about how residents wish to spend their waking hours in turn raising our expectations of what residents are capable of doing.

After surveying residents and identifying what was happening in our city, we increased our support of residents to be going out and doing what they want to.

As part of the new Totara Home, we incorporated a brand new, designated Lifestyle & Leisure space making it available 24/7.



+ Maintaining traditions

Small group learning and experiences have also grown over this period. Art, music, celebrations such as Māori language week, Matariki, Chinese New Year, Father's Day, Mother's Day have all been part of Knox life.

Having our say

Residents actively engaged in the rough and tumble of political discussions, pre-election visits by local politicians and of course exercising of their vote on Election Day 2023.

Families kept informed

We have facilitated evening Community Family meetings intended as opportunities to keep everyone up to date and to provide information sessions on areas of particular interest to families.

Committed medical care

The Knox Medical Team led by Dr Jock Carnachan has continued to

play a key role in resident wellbeing over the year and have showed incredible flexibility, energy and commitment to Knox residents.

Management of COVID-19 outbreaks has continued which has been an exercise in juggling a fine balance of safety and quality of life with the risk that 'surplus safety' can engulf the lives of elders.

Supportive Board

The Knox Board has continued its very committed and practical support of the wider Knox Community. The Board sub-committee structure supports engagement with members of the senior team in such key areas as Quality and Risk.

Board commitment to this model enables open communication with the executive and support team.

We are privileged to have such committed and talented people at the governance level of Knox.

Dr Bruce Foggo retired from the Knox Trust Board after 16 years of devoted service. Serving as Chair of the Quality and Risk Sub-Committee, Bruce brought to the role his vast experience as a General Practitioner and latterly, as the Medical Director of Mercy Hospice. We thank Bruce and Jenny for their commitment to the Knox Community.

Site Development

Totara Home:

The year has been characterised by significant building activity as construction of the new Totara Home has efficiently progressed. Thanks to lead contractor Watts and Hughes Ltd the project was completed by the end of the reported financial year (June 2024). Purchasing furniture and equipment was concluded in 2023 and the small group of trusted suppliers we work with have reliably managed this in spite of some delays in

shipping experienced over the period. We have undertaken extensive marketing of the new Totara Home within Knox Home promotions.

Nikau Refurbishment:

In 2023, the three Nikau Home kitchen's joinery and appliances were removed and replaced; new flooring in the lounges / kitchen was laid and all communal areas were painted. Furniture was re-covered. Thanks to residents and team who managed the six weeks without these spaces most philosophically. The alternative spaces used were adequate for the short-term project.

Landscaping:

Removal of inappropriate trees on the Puriri Home boundary was undertaken and these have been replaced with a more suitable native species. Trees on the Totara Home boundary have been nurtured by our arborist

during construction and, at completion of the Totara Home project, their canopies were trimmed and lightened to ensure they continue to thrive. The whole site has had an arborist assessment and all trees have been trimmed and topped as required.

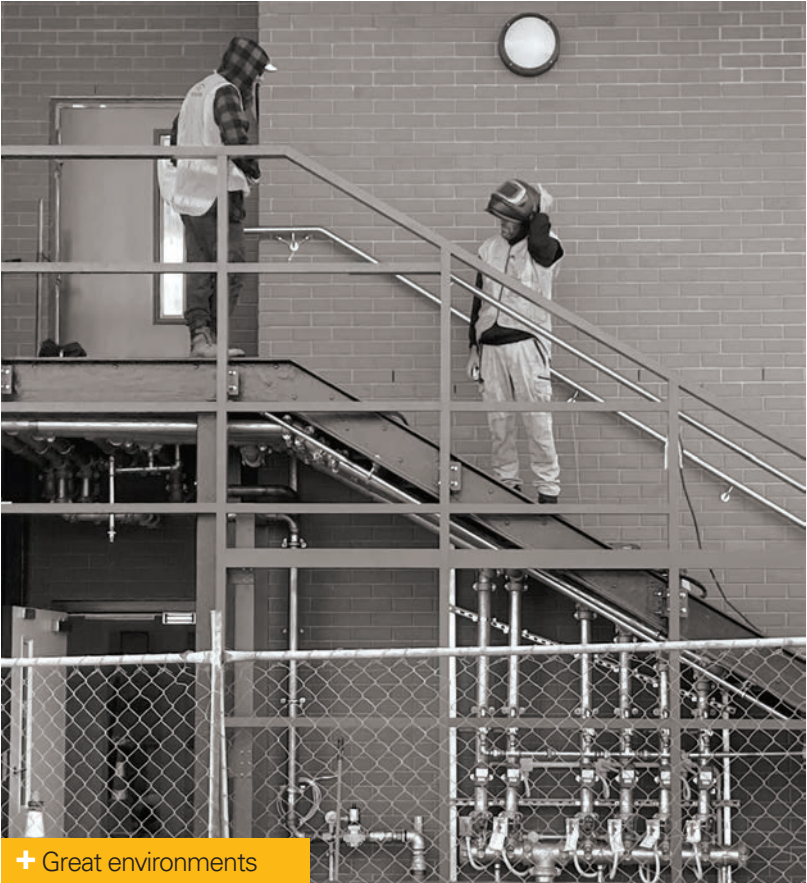
Palm Café / Lifestyle and Leisure Room:

New life has been breathed into existing spaces next to the internal access to the new Totara Home. We have created another café, Palm Café and a dedicated Lifestyle & Leisure space for residents to access a range of activities, supplies and creative studio space.

General Maintenance

Nikau:

Long-standing roof leaks during heavy rain have in the past been subject of insurance claim and remediation. A review of this was undertaken and it was agreed



+ Great environments



+ Eliminating boredom



In her final year at St Cuthbert's College, Eliza Went is following in the footsteps of her two older sisters who volunteered at Knox.

Beginning her own volunteer journey in 2023, Eliza sought to meet people, share stories and learn from others lived experiences.

Eliza says "It's about recognising that no matter our age, each of us has something valuable to teach and share with others."

She is a friend to many; spending time with residents outdoors, playing games, and having fun. Eliza is also a friendly face working in the Knox shop and supporting the team with admin. From day one Eliza has brought her 'can-do' attitude, seeking out where she can be most helpful.

Recently presented with a Gold

+ Loving companionship

Duke of Edinburgh Award, Eliza has completed hours of volunteering, skills development, sports, tramping and a residential project.

As Co-Leader of the Service Committee at St Cuthbert's College, she encourages students to give back with their time and skills, exemplified by organising students to make personalised birthday cards for residents at Knox. Eliza leads by example and hopes that younger students take up the volunteering torch.

Academically accomplished, Eliza also commits to working two days a week at NewWorld. She hopes to study Engineering and Business, in Australia. Eliza is excited about the uncertainty of her future, sure to be driven by her ambition. Reflecting on her time at Knox, she shares the message: "Follow your dreams and spend time with the people you love."

the roof required some design changes to avoid recurrence. This was designed and actioned in the affected areas of the roof.

Painting:

A number of communal areas have been repainted as part of a continuing process of maintenance.

Flood Repairs:

Some repairs were necessary after the extreme affects of Cyclone Gabrielle and these have also been managed in this financial year.

Financial Outcomes

The year ended June 2024 with Knox in a slightly better-than-budgeted financial position and this was again largely a result of very high occupancy. Average occupancy for the year was 96%.

Wage pressures are a major driver of increasing costs. However all operating costs have increased and we have limited ability to pass these costs on.

The current funding model is under review by Health New Zealand | Te Whatu Ora. In its current form, the model fails to appropriately fund the increasing costs associated with providing care.

Provision of medical services, physiotherapy, lifestyle and leisure and other support services are not adequately reflected in the current Health New Zealand | Te Whatu Ora funding model.

While Knox has resourced these services to a much higher level than other providers, looking forward, clinical and financial viability requires active management of expectations and expansion.

Recruitment of Registered Nurses and Care Partners is now considerably easier. Engagement of medical team and physiotherapists however, is difficult.

Donors

I wish to acknowledge the generous donors to Knox. A growing focus is achievement of grant funding for key items such as mobility aids,



physiotherapy equipment and wages.

Commercial Manager, Dianne Lee has assumed the task of Grant applications, achieving some success in grant funding for essential items such as equipment replacement. Mattresses, hoists and partial funding of a boiler replacement have been such examples this year.

The creation of Elizabeth Knox Home and Hospital in 1911 was possible through the generosity of Elizabeth Knox and as one of the few remaining stand-alone not-for-profit providers we wish to build donation and bequest income. This will ensure Knox continues to grow and flourish and we ask that you consider Knox a worthy recipient of a possible legacy.

New Opportunities and Partnerships

Collaboration with the University of Auckland to enable medical students to interview Knox residents has

been positive for all concerned.

The focus has been to provide an environment in which students can grow their interview skills. It has been a positive experience for residents and students and will continue.

Strengthening of our friendship with the Epsom Chinese Association has resulted in an increase in engagement at both the resident and wider community level.

Climate change sessions held saw residents participating with gusto.

Knox team members and resident were involved in The University of Auckland – Inaugural Co-Create Ageing Forum.

Knox also sponsored the NZ Association of Gerontology Conference in Wellington.

Eden Alternative adds to resident satisfaction

Residents have been very active over the year and this has included being actively involved in decisions

of just what is meaningful, interesting and worthwhile.

I wish to thank Olivia Pearson and the innovative Lifestyle and Leisure team for the commitment they make to ensuring residents have easy access to meaningful activity.

This team works hard to make available a range of care home and wider Knox-based group and individual activities. They also explore the community in a wide variety of ways. Trips to the beach, coffee excursions, shows, museum and library visits, celebrations, art workshops and even the very necessary shopping trips are just a few examples of the way Knox puts into practice the belief that at all stages of life we have the opportunity to grow through new and fun experiences.

Vegetable growing for resident cooking and supply to the kitchen continues to be a worthwhile end-

to-end resident-driven project as shopping for the plants, planting, tending the seedlings / plants, maintenance, harvest and cooking add to resident's commitment and engagement. The focus on vegetable gardening is continuous.

This has been a year when we have taken a broad view of wellbeing. Weekly dance therapy sessions, introduced at the end of 2023 as well as Tai Chi and meditation have all played a significant role in enhancing wellbeing.

The *Knox Family Favourites Cookbook* was well supported and is a rich collection of recipes from the entire Knox community.

There was great attention to test-cooking many of these recipes and residents did enjoy being part of the taste-testing.

Volunteers grow back

Growth in volunteer numbers is a credit to the great leadership and

support of Volunteer Coordinator, Mary Rennison.

Our volunteers cover a wide range of ages, interests and backgrounds and receive superb orientation to Knox. Each one brings a special piece of magic to resident's lives and we treasure their time and commitment and thank them for being part of the tapestry of this community.

Eden Alternative training

Eden Associate training has been held twice during the year. These three-day courses have added a further 65 Eden Associates to our team.

Active resident involvement

Regular Resident Surveys have been conducted and feedback used to direct changes. The Resident Meal Experience Survey resulted in a focus on meal rituals to develop a calm and pleasant dining experience.

Residents have continued to be involved in Team Member recruitment – providing additional wisdom to the interview process.

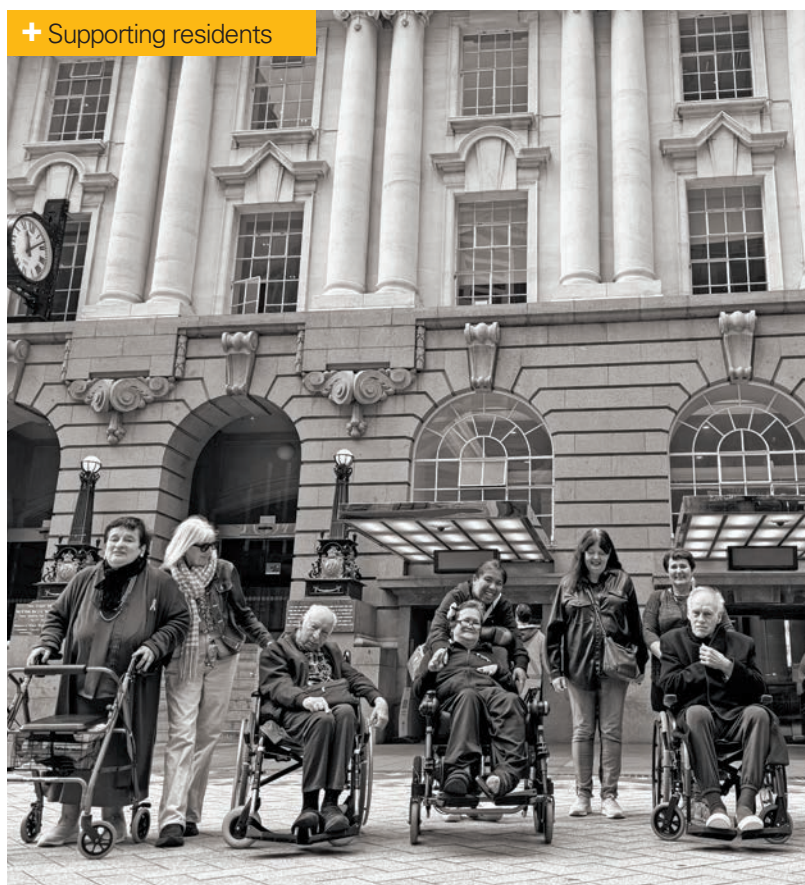
Weekly Eden Alternative sessions and weekly Resident meetings continue and have excellent attendance and participation.

Team development and staff satisfaction

Following Eden Associate Training a group of team attendees reviewed key areas including growing teamwork, Exit Interviewing and review of the Performance Appraisal process.

Four Wellbeing Sessions were held through January / February, facilitated by Vitae the Workplace Wellbeing Service supporting Knox team members.

The content of the four sessions focused on physical, spiritual, mental and social/whanau wellbeing – aligned to the Te Whare Tapa Wha model of wellbeing and intended to support personal and team resilience.



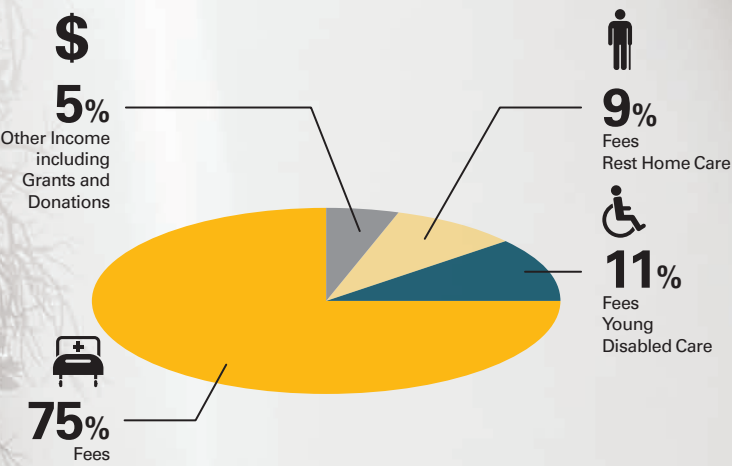
Grants received

- Grassroot Trust
- Overhead Lifting Hoists
- Mobile Hoists
- The Trust Community Foundation
- Chairs
- Four Winds Foundation
- Assistance with Boiler
- BlueSky Community Trust
- Hospital Beds
- Milestone Foundation
- Pressure Care Mattresses

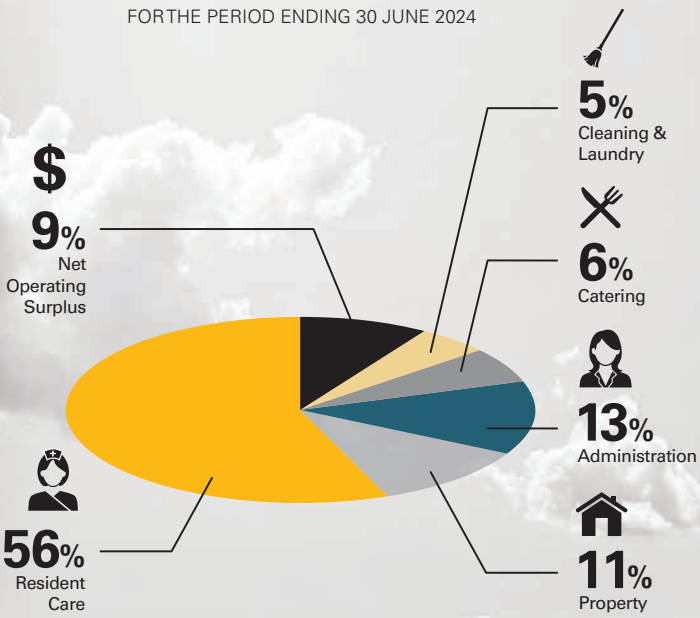
Donations received

- Knox Volunteers
- St Cuthberts School
- RA Capill
- JR & J Nicoll
- SE Morris
- FR Bridgeman
- Estate of Gabrielle Ng

OPERATING INCOME BY SERVICE
FOR THE PERIOD ENDING 30 JUNE 2024



OPERATING EXPENDITURE
FOR THE PERIOD ENDING 30 JUNE 2024



Plus we're always here for each other

The theme of this year's report reminds us that it takes a whole lot of small changes which add and often multiply to create sustainable and embedded change.

Despite a year of disruption at times, I extend a warm thanks to families for accommodating some levels of construction-related inconvenience and for trusting us with their much loved family members.

Thanks to Knox volunteers, team and residents for their energy and care for one another and to the wider community for the support and encouragement we receive.



Knox Home resident Felicity Aspel (Fee) is often referred to as the Knox librarian.

Not long after moving to Knox, the Lifestyle and Leisure team invited Fee for a coffee and stroll around St Heliers village. It quickly became evident how connected she was to the community she had lived in and worked as a Library Shelfer. Fee remains a local celebrity.

Born in Auckland, Fee spent her childhood in Remuera. After attending Corran School she pursued her creative interests at Whitecliffe Art College. Around this time, she and her mother embarked on a trip around Europe; memories Fee holds dear.

Fee and her mother loved books, particularly children's books. Fascinated by the wild and whacky stories written to nurture children's learning and growth, together they opened a mostly-

children's bookshop in Remuera.

Unfortunately, Fee's father became unwell which saw the bookstore close. Not long after, Fee and her family moved to St Heliers where she found a job at the library.

Fee worked at the St Heliers Library for 23 years, where she was known for her genuine love of people, literature and a good story. Her connection with the community extended to supporting local businesses.

In 2019, Fee's health challenges brought huge changes to her life. Fee has embraced the Knox community, making people smile with her wicked sense of humour and keeping our bookshelves in order. Looking ahead, Fee has set new goals focused on her physical health and rediscovering her creativity. You will spot her around Knox, often sporting her favourite colour, purple.

✦ Being well-known





Knox HomeTrust

+ Governance



Dr Bruce Foggo

TRUSTEE

Bruce is a retired medical practitioner with more than 40 years of general practice and palliative medicine experience.

Bruce was appointed to the Board in 2008 and retired during 2024.



Marika Eastwick-Field

TRUSTEE

Marika is a commercial litigation partner and head of the litigation group at Russell McVeagh. Her work spans a range of advisory and disputes matters relating to M&A and other commercial transactions, securities and corporate law, financial markets and insurance.

Marika was appointed to the Board in 2016 and retired during 2024.



Dr Alastair MacCormick

CNZM
CHAIRMAN

Alastair has governance, executive and consulting experience in the business, government, not-for-profit, health and education sectors in Asia, Australia, New Zealand, the UK and the USA. He has held directorships in a diverse range of listed and private companies.

At the University of Auckland from 1968 to 2002, Alastair was an Emeritus Professor. He was Dean of the Business School for fourteen years, and subsequently Deputy Vice-Chancellor. He is currently a member of the New Zealand Tertiary Education Commission.

Alastair was appointed to the Board in 1982 and in 2017 became Chairman.



Dr Ngaire Kerse

TRUSTEE

Ngaire is a distinguished gerontologist, holding the Joyce Cook Chair of General Practice at The University of Auckland. Ngaire also works in general practice at the Auckland City Mission.

Ngaire makes a huge contribution to the aged care sector and brings a wealth of knowledge and experience to the Board.

Ngaire was appointed to the Board in 2024.



Bal Matheson

TRUSTEE
DEPUTY CHAIRMAN

Bal is a barrister specialising in resource management and local government, practising at Richmond Chambers.

For more than 20 years, he has been focusing on development projects across New Zealand, including many in the health care and rest home sectors.

Bal was appointed to the Board in 2011.



Anthony Mitchelson

TRUSTEE

Anthony is a member of Chartered Accountants Australia & New Zealand.

For the past 20 years, he has worked in professional services and in a variety of commercial roles. He is currently the Head of Finance and Commercial Operations of an Australasian pharmaceutical and medical device import and distribution company.

Anthony has also served for 20 years in the Territorial and Regular New Zealand Army as an artillery officer.

Anthony was appointed to the Board in 2023.



Emma Peterson

TRUSTEE

After graduating with a BA LLB obtained at Otago University and Université Jean Moulin in Lyon, Emma joined Russell McVeagh as a solicitor. Following a number of years working in London and Hong Kong, Emma returned to Russell McVeagh in the Litigation team, specialising in employment law and health and safety, becoming a partner in 2021.

Emma was appointed to the Board in 2023.



Andrew Smith

TRUSTEE

Andrew has extensive business experience having spent 40 years in the building supply industry.

In 2006, he retired from executive responsibilities, and has since been involved in governance roles in the not-for-profit sector, which in addition to Knox Home include the outdoor education, visual and performing arts sectors.

Andrew was appointed to the Board in 1998.



Vanessa Stoddart

TRUSTEE

Vanessa is currently a Director for Health New Zealand | Te Whatu Ora, Channel Infrastructure and OneFortyOne - an international forestry company, a member of the Financial Markets Authority and Deputy Chair of King's College.

She has held director positions with other listed, private and public sector companies and NFPs.

Prior to her governance career Vanessa was Head of Engineering and Human Resources at Air New Zealand and Chief Executive Packaging Australia for Carter Holt Harvey having started her career in the legal profession.

Vanessa was appointed to the Board in 2022.



Kim Wright

TRUSTEE

Kim is a consultant to government and several charitable organisations in the area of health and welfare. She has a BSc in physiology and an MBA in business administration and an MSc in health economics.

She has held senior roles in the pharmaceutical industry and primary and Pacific health care. Her work currently focuses on Pacific health workforce development and supporting research in child health.

Kim is a member of the Pasifika Medical Association, the International Health Economists Association and is also an inaugural ANIVA Fellow.

Kim was appointed to the Board in 2019.

Knox Home Trust

+ Directory

Registered Office

10 Ranfurly Rd
Epsom
Auckland 1023

Charities Commission Registration

CC20460
www.charities.govt.nz

Auditors

Hayes Knight Audit NZ
Level 1
1 Broadway
Newmarket
Auckland 1023

Solicitors

Russell McVeagh
The Vero Centre
48 Shortland St
Auckland 1010

Bankers

Bank of New Zealand

here for
each other



CARING COMMUNITY

Knox HomeTrust
NOT-FOR-PROFIT CHARITY
GIVING MORE SINCE 1911

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